

November 2010 MENU

Mansfield Elementary School
Daily Lunch (with milk): \$ 2.10
Milk (only): \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella Sticks	ELECTION DAY!	Pasta with Meatballs	Cheese Pizza	Macaroni & Cheese
Toasted Cheese on Wheat	Red, White & Blue	Green Beans	Garden Salad	Broccoli Spears
Tomato Soup	White Cheese Quesadilla	Vegetable Sticks	Coined Carrots	Celery and Carrot Sticks
Mixed Vegetables	Red Salsa	Whole Wheat Breadsticks	Pineapple Tidbits or 100% Juice	Applesauce Blush or 100% Juice
Fresh Fruit or 100% Juice	Blue Jell-O with Fruit	Orange Smiles or 100% Juice	Milk	Milk
Milk	Rice & Beans	Milk		
	All American Salad			
	Milk			
		Breakfast: 100% Juice, Milk		
Breakfast: 100% Juice, Milk	Breakfast: 100% Juice, Milk	Cereal Variety or Bagel with	Breakfast: 100% Juice, Milk	Breakfast: 100% Juice, Milk
Cereal Variety	Muffin or Cereal	Cream Cheese	Yogurt or Cereal	Cereal Variety
Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch
Cereal Lunch	Bagel Lunch	Peanut Butter & Fluff	Egg Salad	Tuna Salad
November 1	November 2	November 3	November 4	November 5

Alternate lunch choices include all five food group components. Cereal is a daily alternate breakfast.

All juice drinks are 100% juice.

This menu is subject to change without notice



Thanksgiving Meal 11/19/10

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Roast Turkey
Mashed Potatoes
Stuffing, Gravy
Seasoned Corn
Cranberry Sauce
Applesauce,
Dinner Roll
Gingerbread
Milk



Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger on a Bun Spicy fries Cucumber Slices	Shepherd's Pie: Seasoned Ground Beef with Mashed Potatoes & Corn, Dinner Roll	Stuffed Crust Pizza Garden Salad Coined Carrots	Veterans' Holiday	
Fresh Fruit or 100% Juice Milk	Chilled Peaches or 100% Juice Milk	Chilled Pears or 100% Juice Milk	No School	No School
Breakfast: Juice, Milk Cereal Variety	Breakfast: Juice, Milk Breakfast Sandwich or Cereal	Breakfast: 100% Juice, Milk Cereal Variety or Bagel with Cream Cheese		
Elementary Bag Lunch Cereal Lunch	Elementary Bag Lunch Bagel Lunch	Elementary Bag Lunch Peanut Butter & Fluff		
November 8	November 9	November 10	November 11	November 12
Chicken Pattie on a Bun	Taco Salad-Seasoned Beef,	Pasta with Meatballs	French Bread Pizza	Thanksgiving Meal
Sweet Potato Fries	Cheese, Lettuce & Tomato	Wheat Bread Stick, Garden Salad	Tossed Salad	Roast Turkey
Vegetable Sticks	Fluffy Rice	Mixed Vegetable	Veggie Sticks	Mashed Potatoes, Stuffing, Gravy
Fresh Apple or 100% Juice	Chilled Pineapple or 100% Juice	Peaches with Cream or	Fresh Fruit Choice or 100% Juice	Seasoned Corn, Applesauce
Milk	Milk	100% Juice, Milk	Milk	Cranberry Sauce, Dinner Roll
		Breakfast: 100% Juice, Milk		Gingerbread, Milk
Breakfast: 100% Juice, Milk	Breakfast: 100% Juice, Milk	Cereal Variety or Bagel with	Breakfast: 100% Juice, Milk	Breakfast: 100% Juice, Milk
Cereal Variety	Pancakes or Cereal	Cream Cheese	Yogurt or Cereal	Cereal Variety
Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch
Cereal Lunch November 15	Bagel Lunch November 16	Peanut Butter & Fluff November 17	Egg Salad November 18	Tuna Salad on a Roll November 19
Early Release	Early Release	Early Release	November 18	November 19
Toasted Cheese on Wheat	Pancakes	Cheese Pizza		~
Mozzarella Sticks	Eggs	Tossed Salad		
Tomato Soup	Oven Potatoes	Mixed Vegetable		
Vegetable Strips	Orange Smiles or 100% Juice	Fresh Fruit or 100% Juice		
Fruit Wedge or 100% Juice	Milk	Milk	Happy	anksgiving.
Milk		Breakfast: 100% Juice, Milk		
Breakfast: 100% Juice, Milk	<u>Breakfast</u> : Juice, Milk	Cereal Variety or Bagel with		
Cereal Variety	Muffin or Cereal	Cream Cheese		,
Elementary Bag Lunch	Elementary Bag Lunch	Elementary Bag Lunch	November 25	November 26
Cereal Lunch	Bagel Lunch	Peanut Butter & Fluff		
November 22	November 23	November 24		
Foot Long Hot Dog a Bun	Chicken Nuggets	Cheese Raviolis, Tossed Salad	White Pizza	Hamburger on a Bun
Sweet Potato Fries	Mashed Potatoes	Wheat Bread Sticks	Tossed Salad	Oven Potatoes
Baked Beans	Seasoned Carrots	Mixed Vegetables	Vegetable Sticks	Green Beans
Fruit or 100% Juice		Fruit or 100% Juice	Chilled pears or 100% Juice	Fruit or 100% Juice
AA:IIa	Fresh Fruit Cup or 100% Juice			AA:IIa
Milk	Milk	Milk	Milk	Milk
	Milk	Milk Breakfast: 100% Juice, Milk	Milk	
Breakfast: 100% Juice, Milk	Milk <u>Breakfast</u> : Juice, Milk	Milk <u>Breakfast:</u> 100% Juice, Milk Cereal Variety or Bagel with	Milk <u>Breakfast</u> : 100% Juice, Milk	Breakfast: 100% Juice, Milk
<u>Breakfast</u> : 100% Juice, Milk Cereal Variety	Milk <u>Breakfast:</u> Juice, Milk Muffin or Cereal	Milk <u>Breakfast</u> : 100% Juice, Milk Cereal Variety or Bagel with Cream Cheese	Milk <u>Breakfast:</u> 100% Juice, Milk Yogurt or Cereal	<u>Breakfast</u> : 100% Juice, Milk Cereal Variety
Breakfast: 100% Juice, Milk	Milk <u>Breakfast</u> : Juice, Milk	Milk <u>Breakfast:</u> 100% Juice, Milk Cereal Variety or Bagel with	Milk <u>Breakfast</u> : 100% Juice, Milk	Breakfast: 100% Juice, Milk